



## 2022 Round 3 Nail Can Albury

### RIDER INFORMATION

The Albury Wodonga Mountain Bikers are excited to host the third round of the Victorian Enduro Tour and welcome all those who entered last year and persisted through the multiple cancellations along with those who survived the latest entry frenzy which seems to be commonplace these days.

Racing will consist of 6 timed stages. Stage details will be released later in the week so keep your eyes peeled on our Facebook page and Instagram.

### EVENT LOCATION

The event village will be located off Range Road, Glenroy.

### PARKING

We have acquired space for off street parking close to the event village that hopefully will be sufficient to cater for all competitors. A map with parking locations will be provided later in the week.

**Please note Council has insisted there is no parking permitted along Range Road.**

### REGISTRATION

The registration tent will be situated in the Event Village.

Registration opens at 8.00 am on Saturday and riders should make the registration tent their first stop. You will be issued with your race plate at the time registration, transponders **MUST** be picked up at the registration tent Saturday afternoon.

- At registration all riders must present proof of a valid MTBA or Auscycling licence.
- For riders purchasing an Auscycling day event licence, these need to be purchased through the Auscycling website prior to attending registration.

Your timing transponder is your responsibility for the duration of the event and it must be returned at the finish line to receive your results! If your timing chip is lost or not returned you will be liable for the cost of replacement.

**Riders must be registered and have their race plates on prior to loading shuttles.**

## **CLOTHING AND EQUIPMENT REQUIREMENTS.**

- A full face helmet - which meets Australian Bicycle Helmet Standard AS2063 or equivalent. Helmets with a detachable mouthpiece are permitted provided they meet AS2063 Standard or equivalent.
- Knees covered (full length trousers or knee pads)

In addition to the above, all riders competing in the Under 17 Category and Under 15 Category are required to wear:

- Knee Pads
- Elbow Pads
- Full finger / Full length Gloves

## **FOOD & REFRESHMENTS**

Coffee, slices etc will be available on both days at the event village, from 8.00am Saturday and 7.30 Sunday morning.

Hamburgers, hot dogs and cheese platters will be available Saturday from 11.00 – 2.00pm. On Sunday the same plus bacon and egg rolls from 7.30am to 9.00am, then 11.00am to when competitors return.

A food station will be located at the T intersection at the top of Range Road where complimentary drinking water, fruit and lollies will be available for entrants on race day.

## **OFFICIAL PRACTICE - 9.00am – 4.00pm SATURDAY**

Three shuttle runs will be provided for each rider for practice from 9.00am on Saturday with the last shuttle leaving at 3.00pm. Pick up will be at the bus stop in front of TAFE on Sackville Street, plus there will be pick ups from Range Road adjacent the event village. The drop off point is at the top of Range Road at the T intersection from where a short ride will be required to access the back Stages 1 & 2.

During practice, do not stop on the track or position yourself in a dangerous location.

Use extreme caution when crossing all roads and trails. During practice, some trails will cross roads and other tracks which may have rider, pedestrian and vehicle traffic on them. Look both ways before crossing.

Stage 6 will have a short fire road section that will be shared with shuttle vehicles on Saturday that will be bunted narrower than on race day. Riders are asked to slow down and take care on this section whilst shuttles are running. There will be an hour's window to practice at full throttle during the last hour of practice on Saturday.

Riders should not be on course after 4.00pm as there will be no First Aid available from then on.

You can also ride up from the village and practice stages any number of times you wish until the 4.00pm cut off.

**Please note – no private shuttles allowed either on Saturday or Sunday.**

## **FIRST AID ASSISTANCE**

If you come across an accident:

- Ensure you and the injured rider are safe from approaching riders.
- Notify the nearest marshal by flagging another rider down or by calling out or **call the emergency mobile number on the back of your number plate.**

- Injured riders should not be left unattended.
- In the event of immediate threat to life, call 000 and then call the event first aid on the number provided at registration.

The first aid support are trained medics and will be quick to come help you. **REMEMBER – IN AN EMERGENCY DIAL 000 FIRST THEN GET FIRST AID**

## **RACING SUNDAY**

All riders must attend the official rider briefing on Sunday morning at 8.15am.

Racing will get underway immediately following briefing. Category start times and stage sequence will be released later in the week.

It is expected that all riders will have completed all stages and handed their chips back in by 3.00pm. All going well presentations should be underway by 3.30pm

Stage maps along with a copy of Sundays rider briefing will be distributed later in the week.

**The full event rules can be found here – [Auscycling technical regulations](#)**

